Plant List for Beneficial Invertebrates

	Binomial name	Common Name	Birds		Butterflies	Insects						
Birds	Achillea filipendulina	Yarrow, fern-leaf				LW	LB	HF	PW			Be
HB- hummingbird	Anethum graveolens	Dill				LW	LB	HF	PW			
O-oriole	Angelica gigas	Angelica				LW						
SB - songbirds	Armeria maritime	Thrift, Common/sea										Be
	Aronia arbutifolia	Choke Berry, Red	SB									
Butterflies	Aronia melanocarpa	Choke Berry, black	SB									
	Asclepias syriaca	Milkweed, Common			Monarch							Be
Beneficial Insect	Carum Carvi	Caraway				LW		HF	PW		TB	
LW - lacewings	Chamaemelum nobile	Chamomile, roman										Be
LB - lady bugs	Coriandum sativum	Coriander				LW	LB	HF	PW			Be
HF - hover flies	Echinacea pupurea	Coneflower, purple eastern										Be
PW - parasitoid wasp	Gaillardia spp.	Blanket flower										Be
TB - true Bugs	Lobelia cardinalis	Cardinal flower	HB	O								Be
Be - bees	Lobularia maritima	Sweet alyssum						HF	PW			
TF - tachinid flies	Medicago sativa	Alfalfa									TB	
	Melissa officinalis	Lemon balm						HF	PW	TF		
	Mentha pulegium	Pennyroyal						HF	PW	TF		
	Mentha spicata	Spearmint						HF			TB	
	Monarda didyma	Bee-balm	HB									Be
	Monarda fistulosa	Bee-balm, Wild Bergamot	HB									Be
	Penstemon spp.	Beardtongue (husker red)					LB	HF				Be
	Petroselinum crispum	Parsley						HF	PW	TF		
	Rudbeckia hirta	Black-eyed susan	SB									Be
	Sedum kamtschaticum	Stonecrop, orange						HF	PW			
	Tagetes tenuifolia	Marigold					LB	HF	PW		TB	
	Taraxacum officinale	Dandelion				LW	LB					Be
	Thymus serpyllum coccineus	Crimson Thyme						HF	PW	TF		
	Tradescantia virginiana	Virginia Spiderwort										Be
	Trifolium spp.	Clover										Be
	Veronica spicata	Spike speedwell					LB	HF				
	Symphyotrichum spp.	Asters										Be